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Designation: Assistant Professor, Department of Physiotherapy,
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Research Interest: Modern concepts on orthopedic rehabilitation, Kinesiotaping and Rigid taping, Manual therapy, Sports rehabilitation

PUBLICATION DETAILS:

Research Articles:

1. **Sunayana Ghosh Dostider.** Balance rehabilitation treatment in patients with parkinson's disease: A randomized controlled pilot study. *International Journal of Advance Academic Studies.* IJAAS 2025; 7(1): 103-105. <https://doi.org/10.33545/27068919.2025.v7.i1b.1339>.
2. **Sunayana Ghosh Dostider.** Pilates beyond fitness: Efficacy in chronic low back pain- A single-case perspective. *International Journal of Applied Research.* IJAR 2024; 10(12): 254-256. <https://dx.doi.org/10.22271/allresearch.2024.v10.i12d.12239>
3. **Sunayana Ghosh Dostider.** Pulses of progress: Russian current therapy in managing knee osteoarthritis. *International Journal of Biology Sciences.* IJBS 2025; 7(1): 10-12. <https://dx.DOI.org/10.33545/26649926.2025.v7.i1a.264>
4. **Sunayana Ghosh Dostider, Sourov Saha.** A pilot study on effectiveness of Kinesio taping on foot pain at its worst and at morning in plantar fasciitis patients. *International Journal of Multidisciplinary Trends.* IJMT 2024; 6(12): 41-43. <https://doi.org/10.22271/multi.2024.v6.i12a.534>

Book Chapters:

1. **Sunayana Ghosh Dostider.** A Case Study on Effectiveness of Rigid Taping on Foot Pain in Plantar Fasciitis patient. *Emerging Interventions in Physical Therapy and Rehabilitation.* Vol. 1, pp: 193-200, 2024. ISBN: 978-93-6135-742- 8. <https://doi.org/10.22271/ed.book.3024>
2. **Sunayana Ghosh Dostider.** Balance Rehabilitation Treatment in A patient with Parkinson's Disease: A Case Study. *Emerging Interventions in Physical Therapy and Rehabilitation.* Vol. 1, pp: 201-210, 2024. ISBN: 978-93-6135-742- 8. <https://doi.org/10.22271/ed.book.3024>
3. **Sunayana Ghosh Dostider.** Effectiveness of Russian Current in Knee Osteoarthritis: A Case Study. *Emerging Interventions in Physical Therapy and Rehabilitation.* Vol. 1, pp: 211-219, 2024. ISBN: 978-93-6135-742- 8. <https://doi.org/10.22271/ed.book.3024>

4. **Sunayana Ghosh Dostider.** Physiotherapy Management in a Case of Muscular Dystrophy: A Case Study. *Emerging Interventions in Physical Therapy and Rehabilitation*. Vol. 1, pp: 221-230, 2024. ISBN: 978-93-6135-742- 8. <https://doi.org/10.22271/ed.book.3024>
5. **Sunayana Ghosh Dostider.** Efficacy of Pilates Exercises on Pain and Function in Chronic Low Back Pain Patient: A Case Study. *Emerging Interventions in Physical Therapy and Rehabilitation*. Vol. 1, pp: 231-238, 2024. ISBN: 978-93-6135-742- 8. <https://doi.org/10.22271/ed.book.3024>